

# **Food for Special Medical Purposes for Cancer Patients**

#### What is the Culevit tablet?

Culevit tablet is a food for special medical purposes for cancer patients.

The active components of Culevit tablet – certain vitamins (C,  $B_{g'}$ ,  $B_{2'}$ , Biotin), amino acids (L-Arginine, L-Phenylalanine, L-Histidine, L-Tryptophan, L-Methionine, L-Tyrosine), and other components (L-malic acid, Adenine) – are substances also present in our circulatory system.

Culevit tablet provides an increased intake of these essential and important substances.

Since Culevit tablet is sugar-free, it may also be taken by diabetics and patients with lactose intolerance.

Culevit tablet should be administered every day, continuously without interruption.

# What are the components of the Culevit tablet?

1 tablet contains 78.39 mg of L-Arginine, 35 mg of Vitamin C, 33.04 mg of L-Phenylalanine, 31.03 mg of L-Histidine, 29.84 mg of L-Methionine, 23.47 mg of L-Malic acid, 15.32 mg of L-Tryptophan, 2.26 mg of Adenine, 1.27 mg of L-Tryrosine, 1 mg of Vitamin B<sub>c</sub>, 0.8 mg of Vitamin B, and 0.03 mg of Biotin.

# What else does the product contain?

It contains tableting excipients such as microcrystalline cellulose, corn starch, magnesium stearate and colloidal silicon dioxide.

## When is the use of the product recommended?

The administration of Culevit tablet is recommended for the dietary provision of patients suffering from malignant tumourous disease, to complement their cancer treatment.

## When should the administration of the product be avoided?

If you are allergic to any of the active ingredients or excipients you should not consume the product! Patients with phenylketonuria should not administer it because the product contains Phenylalanine. Avoid using the product in case of hyperhomocysteinemia and homocystinuria, because it contains Methionine.

# Is there anything to know before taking the product?

The product should not be used as a sole source of nourishment!

## Is the product suitable for children?

Yes, it is. The dosage depends on bodyweight. One should consult a physician when administering the product to children under the age of 6. With respect to children's safety, to prevent the over dosage of the product, it should be kept out of their reach.

## Can the product be used together with other medications?

Yes, the product can be used with the vast majority of drugs, without the risk of unpleasant and/or harmful interactions.

However, Tryptophan intake should be avoided with the concomitant use of some pharmaceutical products, eg. serotonin reuptake inhibitors (SSRI) used for depression; immunomodulatory products (eg. Interferon). In such cases, consult your physician before taking this product.

# What to consider during pregnancy and breastfeeding?

No data is available related to taking large quantities of the product in such conditions. Pregnant and breastfeeding women are advised to consult their physician (obstetrician-gynecologist, respectively pediatrician) prior to taking the product.

# What is the recommended dosage?

For adults, it is recommended to take 15×2 tablets/day.

# How and when should the product be administered?

Cancer patients should take the recommended dosage once every hour, evenly distributed throughout the day, from waking up until going to sleep. It is advised to start using the product as soon as there is a real suspicion of a tumourous disease. The tablets should be administered continuously, without interruption before, during and after oncology treatments.

# What side-effects can be caused by the product?

No side-effects are known if used in the recommended dosage.

# What needs to be considered when taking the product?

The use of Culevit tablet requires individual consideration in case of existing gastric and duodenal ulcers, and extreme gastric hyperacidity.

In case of hypothyroidism or hyperthyroidism, consult your endocrinologist before taking the tablets (because of the L-Phenylalanine and L-Tyrosine content of the product).

If you suffer from a very uncommon disease associated with serotonin-producing carcinoid cancer, ask your physician for advice (because of the Tryptophan content of the product).

Patients undergoing renal dialysis or suffering from severe hepatic failure should consult a urologist or respectively a hepatologist/qastroenterologist.

## How long can the product be taken?

As long as the tumour is still detectable, the product should be administered continuously ( $15\times2$  tablets/day). If the tumour can no longer be traced, it is advised to continue the administration of the tablets: for 6 more months with a required dosage of  $15\times2$  tablets/day, then for at least another 6 months with a minimum of  $15\times1$  tablet/day.

#### **How to store Culevit tablet?**

The product is a yellowish-white tablet, packed in a brown bottle, it should be stored away from light, in a dry place, at room temperature (15–25°C). The tablet is very sensitive to humidity, therefore it can only be stored in its original well-sealed bottle! The tablet may change its colour during storage, tiny dots may appear, however this does not affect the quality of the product.

Should you have any further questions regarding the consumption of the product, please contact Culevit Information Service at: +36 1 321 2111 • (Internet: www.culevit.com)

Packaging: 1 bottle (180 tablets) 84.6 q (180 pcs of 0.47 q tablets) in cardboard box

4 bottles (4×180 tablets) 338.4 g (720 pcs of 0.47 g tablets) in cardboard box

**Best before:** The date indicated on the box.

#### Manufactured and distributed by:

Culevit Ltd. 1074 Budapest, Dohány str. 46., Hungary

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